

Interested in getting back into education, work or starting your own business?

WE CAN HELP!

# Enterprising WOMEN

EQUAL  
IRÉLAND

2023-2026

## What is Enterprising Women 2023-2026?

Enterprising Women is a **'FREE to PARTICIPANT'** project which will equip women (23+) with the necessary skills and confidence to take the first steps back into education, employment or self-employment.

### How?

We can help by providing dedicated workshops in the following areas:

- **Communication & Confidence Building** – Learn strategies which will help you become an effective communicator. Develop your self-confidence, identify your strengths & and manage weaknesses.
- **Learning to Learn & Understanding Assignments** – Did you know that we all have different learning styles? By knowing what your learning style is, can change the way you learn! Understand how to prepare an assignment for further or higher education.
- **Basic Digital Skills for Education** – Effective Internet searches, E-mail, Introduction to Zoom, Microsoft Teams and Microsoft Word.
- **Recognition of Prior Learning (RPL)** – Putting a useful value on what you already know and/or have experienced! Learn how RPL can benefit you. Understand the opportunities and limitations and build an RPL Portfolio.
- **Pathways to Employment/Self-Employment** – Networking opportunities. Learn to tailor your CV for the specific role. Understand how to become self-employed. Overview of entrepreneurial programmes available.
- **Financial Awareness** – *Personal finances*; managing your money, understanding your pay-slip. *Self-Employed finances*; bank reconciliation, allowable expenses, Revenue returns.

### HELP! – I don't even know where to start?

That's okay! Have a 1-1 chat with a qualified Mentor on the EQUAL Ireland team.

RETHINK  
IRELAND

BANK OF AMERICA



An Roinn Forbartha  
Tuaithe agus Pobail  
Department of Rural and  
Community Development

## Do I have to do all of the workshops?

**No**, you choose the ones that are right for you at this stage of your journey.

## How long are each of the workshops?

Each workshop will vary, but typically between 2.5 hours (online) - 4 hours (in-person).

## Are there exams, tests or assignments?

**No**, the programme is not accredited so that means there are no exams, tests or assignments.

You will receive a 'Certificate of Achievement' from EQUAL Ireland at the end of the programme.

## How much is this going to cost?

**It's 'FREE to PARTICIPANTS' like you!** EQUAL Ireland were one of the awardees of The Mná na hÉireann, Women of Ireland Empowerment Fund 2023 – 2026! The fund was created by Rethink Ireland in partnership with Bank of America and the Department of Rural and Community Development via the Dormant Accounts Fund.

## Where is this taking place?

EQUAL Ireland takes pride in bringing educational opportunities to local communities. Therefore, this will be a blended learning (a mix of on-line and in-person) format. Workshops will be delivered locally, where numbers suffice.

## When does it start?

The workshops will start in January and February, 2024.

## How do I apply?

There is an application form on our Website:  
[www.equalireland.ie/our\\_courses/enterprisingwomen](http://www.equalireland.ie/our_courses/enterprisingwomen)

or get an application form by Email:  
[enterprisingwomen@equalireland.ie](mailto:enterprisingwomen@equalireland.ie)

or call / text: 089 - 200 0990 | Enterprising Women | EQUAL Ireland